

# Twice Baked Potatoes

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Serves 6

Blue – 4 points

Purple – 1 point

Green – 4 points

- 3 baking potatoes (totaling 1 1/2 pounds)
- 1/2 cup fat free reduced sodium chicken broth
- 4 oz Cabot 75% reduced fat cheddar cheese (shredded)
- 1/3 cup green onions (sliced(optional))
- 1/3 cup light sour cream
- 1 tsp dijon mustard
- 1/4 tsp paprika

1. Heat oven to 400. Pierce potatoes in several places with the tip of a sharp knife. Bake 1 1/4 hours or until tender. Immediately cut potatoes in half lengthwise, scoop out the centers leaving a 1/4 inch thick shell.
2. Beat potato pulp, broth, 1/2 of the cheese, onions, sour cream and mustard with mixer until well blended. Spoon into shells. Top with remaining cheese and paprika.
3. Bake at 400 for 20 minutes.
4. \*\*\*These can be frozen! Freeze before you bake. Thaw and bake at 400 for 20 minutes or until heated through.\*\*\*

