Thai Coconut Curry Chicken

Thai Coconut Curry Chicken

Recipe given to me by a subscriber Beth Powell who saw it on Weight Watcher Girl. Makes 8 1 cup servings, 4 FSP per serving

- 1 1/2 pounds chicken breast, cooked and cubed
- 1 can light Thai Kitchen coconut milk
- 2 Tbsp Thai Kitchen Green Curry Paste
- I Tbsp honey
- salt and pepper
- 3 Tbsp dried basil
- 1 bag frozen, steamable sweet potatoes
- •lemon juice
- I cup chopped onion
- chopped ginger
- 1 bag spinach
- olive oil spray
- 1. Spray pan well and cook onions until translucent. Add ginger and garlic and cook 1-2 minutes.
- Shake unopened can of coconut milk very well, then add to onion mixture
- 3. Add 2 Tbsp green curry paste and 1 Tbsp honey.
- Add chicken and sweet potatoes and let simmer 10 minutes.
- 5. Remove from heat, add spinach and the rest of the seasonings.

6. Serve over rice.