

# Sugar Scrubs

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### Coconut Vanilla Sugar Scrub

- 1/4 cup coconut oil, softened
- 1 cup white sugar
- 2 tsp vanilla extract
- 1 tsp coconut extract

### Sweet Orange Sugar Scrub

- 1/4 cup coconut oil, softened
- 1 cup white sugar
- zest of one orange
- 7 drops orange essential oil

### Peppermint Sugar Scrub

- 1/4 cup coconut oil, softened
- 1 cup white sugar
- 7-10 drops peppermint essential oil
- 4-6 drops red food coloring, optional

### General Instructions

1. Mix coconut oil and sugar.
2. Add oils or extracts or other add ins.
3. Mix well

4. Scoop into 4 oz jars.