

Spaghetti Salad

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Adam's absolute favorite side salad!

Serves 8 – serving size is about 1 cup

Blue – 7 points

Purple – 2 points

Green – 7 points

- 1 pound thin spaghetti
- 16 oz fat free Italian dressing (calculate points on the brand you use- points calculated with Wish Bone Fat Free Italian dressing)
- 2 Tbsp McCormick Salad Supreme Seasoning
- Optional: assorted chopped veggies – tomato, pepper, cucumber

1. Cook pasta according to package directions
2. Drain and rinse with hot water
3. Place in a large bowl and sprinkle salad supreme over hot noodles (I end up using more than 2 Tbsp because that is how my family likes it)
4. Mix well.
5. Add veggies if desired.

6. Add salad dressing. Mix well.

7. Cover and refrigerate at least 2 hours. The longer the better. Stir well before serving.

Side Dish
pasta