

Snickerdoodle Waffles

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Serves 1

Blue – 3 points

Purple – 3 points

Green – 5 points

- 1/3 cup Birch Benders Protein Pancake and Waffle Mix or the equivalent, Kodiak, etc
- 1 egg
- 1/4 cup unsweetened almond milk
- 1 tsp vanilla extract
- 1/2 tsp baking powder
- 1 Tbsp cinnamon (divided)
- 2 tsp zero calorie sweetener

1. In a bowl mix pancake mix, baking powder, 1 tsp of cinnamon, egg, almond milk and vanilla.
2. In a separate small bowl mix remaining 2 tsp of cinnamon with sweetener. Set aside.
3. Spray a waffle maker (I use a mini dash) with non-stick spray.
4. Add mix, sprinkle with cinnamon/sugar mixture and cook according to waffle maker directions.
5. Repeat with remaining batter.