

Skinny Kitchen Ranch Dip/Dressing

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This was adapted from Skinny Kitchen

35 gm is 1 point on all plans

- 2 packages ranch dressing and dip mix
 - 1 3/4 cup reduced fat buttermilk
 - 1/4 cup reduced fat mayo
 - 1/4 fat free Greek yogurt
1. Mix all ingredients. Refrigerate an hour before serving. Store in fridge for up to 10 days. 35 gram=1 point
 2. ***NOTE – I DO NOT count the ranch mix. That is just something I don't count. If you feel you need to count it, adjust the points accordingly***