

Shrimp Cocktail

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Recipe from the Bubba Gump Shrimp Company Cookbook

Serves 6-8

Blue – 0 points

Purple – 0 points

Green – measure out how much you will eat and count accordingly

- 6 cups water
- 2 Tbsp salt
- 2 bay leaves
- 1 lemon, halved
- 1 stalk celery, cut in 3-inch pieces
- 2 pounds unpeeled, fresh shrimp (if using frozen, defrost)

1. Combine first 5 ingredients in a Dutch oven. Bring to a boil; add shrimp
2. Cook 3 to 5 minutes or until shrimp turn pink
3. Drain well; rinse with cold water
4. Chill, Peel and devein shrimp
5. Serve with cocktail sauce if desired.

Appetizer
Seafood
shrimp