

Seasoned Pretzels

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30 servings – each serving is 19 grams or about 12 pretzels

3 points on all plans

- 1 pound pretzels of your choice
- 1/2 cup olive oil
- 1 package Ranch dressing mix – regular or spicy
- 1 1/2 tsp dill
- 1 tsp lemon pepper
- 1 tsp garlic powder

1. Preheat oven to 350.
2. In a medium bowl, whisk oil with dressing mix and spices.
3. Place 1/2 of the pretzels in a large bowl.
4. Pour 1/3 of the oil mixture over pretzels and stir until pretzels are well coated.
5. Place the other half of the pretzels in the bowl and add another 1/3 of the oil mixture, stir until pretzels are well coated.
6. Add the last of the oil mixture and stir again.
7. Spread out pretzels on a very large sheet pan or two smaller ones.

8. Bake at 350 for 5 minutes – toss pretzels well – bake an additional 3 minutes.
9. Let cool for 15 minutes. Store in an airtight container.