

Potato, Bacon and Egg Bake

Potato, Bacon, Egg Bake



6 servings – 195 calories/ 3 Weight Watcher Points

4 servings – 293 calories/5 Weight Watcher Points

- 8 large eggs
- $\frac{1}{3}$ cup 1% milk
- $\frac{1}{4}$ teaspoon salt
- $\frac{1}{4}$ teaspoon pepper
- 1 cup potatoes, finely diced (can be partially cooked if you want them a bit softer)
- 10 pieces bacon cooked and crumbled

1. Preheat oven to 350 degrees, spray a 9-inch pie pan with non-stick cooking spray. Set aside.
2. In a large mixing bowl, beat together the eggs and milk. Add in the salt and pepper, then stir in the finely diced potatoes. Stir in half of the crumbled bacon and then add the rest of the crumbled bacon on top.
3. Bake for 20-25 minutes, or even if the center is cooked thoroughly.

Breakfast

Breakfast, Eggs

bacon, eggs, potatoes