

Pancake Donuts

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Serves 2 – 3 Donuts each

Blue – 3 points

Purple – 3 points

Green – 5 points

- 2/3 cup Protein Pancake mix such as Birch Benders Protein (my favorite) or Kodiak Protein (regular buttermilk) or Trader Joe's Protein
- 2 eggs
- 1/2 cup almond or cashew milk
- 2 tsp baking powder
- 1 tsp vanilla extract

Suggested Toppings (add points if applicable)

- blueberries, strawberries, any berries
- chocolate chips
- jimmies (sprinkles)

1. Preheat oven to 375. Spray a donut pan with non stick spray.
2. Mix together pancake mix, eggs, milk, baking powder and extract.
3. Using a scoop, fill a 6 well donut pan with batter.

4. Add whatever toppings you want
5. Bake 15-18 minutes or until tops spring back when touched. Cool for 5 minutes in the pan. Serve with syrup (add points as necessary)