## Hummingbird Cake Overnight Oats

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Adapted from Cupcakes and Kale Chips

Serves 2, 6 FSP per serving

- 1 small overripe banana, mashed
- 1 cup unsweetened almond milk
- 1/4 tsp cinnamon
- 1/4 tsp vanilla extract
- 3/4 cup old fashioned rolled oats
- 1 Tbsp chia seeds
- 1/2 cup chopped pineapple, fresh or canned
- sweetener of choice
- 1. In a bowl, stir together the mashed banana (I'm allergic to raw bananas, so I'm leaving this out of mine!), almond milk, cinnamon and vanilla.
- Add the oats, chia seeds, pineapple and pecans and stir together until evenly distributed. Sweeten to taste, if desired
- 3. Divide into two containers, cover and store in the refrigerator overnight
- Before serving, stir in additional milk to achieve desired consistency. Garnish with additional pineapple if desired.