

# Egg Nog

## Egg Nog

This is Doug's Aunt Jane's "famous" egg nog. It is NOT WW friendly and yes, it uses raw eggs.

- 3 eggs
- 1 can sweetened condensed milk
- 1 tsp vanilla extract
- dash salt
- 1 quart milk
- 1 cup heavy whipping cream, beaten stiff

1. In a large bowl, whisk eggs VERY WELL
2. Add can of sweetened condensed milk to eggs. Whisk well.
3. Add in vanilla and salt. Mix well
4. Slowly add in milk while whisking.
5. Next, add in whipped cream. I whisk it in very well.
6. Serve and top with grated nutmeg
7. Store in refrigerator. Before serving, whisk the cream back into the milk mixture if settled on top.