

Disappearing Casserole

Chicken

Disappearing Chicken Casserole



Serves 6

- 1 pound boneless, skinless chicken breast-cooked and shredded or cubed
 - 4 oz low fat cream cheese
 - 1/2 cup fat free sour cream
 - 1/2 cup light mayonnaise
 - 1 cup fat free greek yogurt
 - 8 ounces canned chopped green chilies
 - 8 oz Cabot Lite 75% Reduced Fat Cheddar Cheese
 - 1/2 tsp garlic salt
 - salt and pepper to taste
1. Mix together cream cheese, sour cream, mayo, yogurt, chilies, shredded cheese, salt and pepper and garlic salt until well combined.
 2. Fold in chicken. Place in a 9×13 dish and bake for 30-35 minutes at 350.