

Crockpot Chicken and Gravy

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Serves 6, 2 FSP per serving

- 4-6 chicken breasts
- 2 packets low sodium chicken gravy mix
- 1 can Healthy Request cream of chicken soup
- 2 cups water

1. Place chicken in a slow cooker
2. In a bowl, mix together chicken gravy, soup and water.
3. Pour over chicken. Cook on low 4-6 hours or until chicken is done.