Chicken Club Flatbread

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This recipe is very similar to the Chicken Bacon Club Pizza, but less points and scaled to serve one

Blue - 5 Points

Purple - 5 Points

Green - 7 Points

- 1 piece Flatbread (I use Atoria's Family Bakery Mini Lavash for 1 point, but any Lavash for 1 point will work(
- 1 Tbsp whipped cream cheese
- 1 Tbsp minced shallot (If I don't have shallots, I just use some onion powder or Trader Joe's Garlic Salt-just reduce to a teaspoon)
- 1/2 cup shredded cooked, chicken
- 1 ounce Cabot 75% Reduced Fat Cheddar Cheese, grated (or cheese of choice, just adjust points)
- 1 slice center cut bacon, cooked crisp
- 1 Tbsp fat free or reduced fat sour cream
- 1 tsp milk of choice
- 1 tsp ranch dressing and dip mix powder
- shredded lettuce
- chopped tomatoes
- 1. Preheat oven to 400

- 2. Combine cream cheese and shallot, spread over flatbread. Top with chicken, crumbled bacon and cheese
- 3. Bake for 10 minutes until crust is crisp and cheese is melted
- 4. Combine sour cream, milk and ranch mix.
- 5. Top flatbread with shredded lettuce, chopped tomato and drizzle with sour cream mixture (I put it in a ziploc bag with the corner cut off and "pipe" it on)