

# Buffalo Chicken Wraps

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Serves 4

Blue – 2 points

Purple – 2 points

Green – 4 points

- 4 wraps of choice – points calculated using Ole Extreme Wellness Wraps
  - 8 oz chicken breast, cooked and shredded
  - 1/3 cup Frank's Red Hot Sauce (or other buffalo sauce of choice – just check points)
  - 1/4 cup celery, chopped fine
  - 2 oz Cabot 75% reduced fat cheese, shredded
  - ranch or blue cheese dressing for drizzle – type and amount will determine the points
  - lettuce, tomato, whatever you would like to add to your wrap
1. In a bowl, mix together chicken, buffalo sauce, celery, and cheese
  2. Divide the mixture between the wraps.
  3. Drizzle with dressing if desired. Roll up and serve

