

"Braffle" (Brownie Waffle)

"Braffle" (Brownie Waffle)



A recipe creation from Denise at DIsh With Dee on YouTube

1 Braffle, 1 FSP – 2 Braffles, 3 FSP

- 29 grams Sugar Free Brownie Mix
- 1 egg
- 1 Tbsp pumpkin puree
- 1 tsp vanilla extract
- 1/2 tsp baking powder

1. Heat up a Dash Mini Waffle Maker. Spray with non stick spray
2. In a mixing bowl, mix 29 grams of sugar free brownie mix, egg, baking powder, pumpkin and vanilla.
3. Add 1/2 the batter to waffle iron and cook about 3 minutes. Remove and cook other 1/2 of batter.
4. Top with toppings of your choice (ice cream, PB2, redi whip, etc- just be sure to count the points for the extras!)