

Bacon Wrapped Chicken Bites

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Serves 1

1 point on Blue and Purple

3 points on Green

- 1 boneless, skinless chicken breast
- 2 slices center cut bacon (my brand is 2 slices for 1 FSP)
- seasoning of choice (I use Trader Joe's 21 Seasoning Salute)

1. Cut chicken into 6 bite size pieces
2. Cut each bacon strip into 3 pieces
3. Season chicken with seasoning of choice
4. Wrap a piece of the cut bacon around each piece of chicken
5. AirFryer – cook at 360 for 10-12 minutes or until cooked through

Oven – bake at 375 for 15-20 minutes or until cooked through