

Bacon Wrapped Chicken Bites

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Serves 1

My Personal Points: If you are a USA WW Member, Click on this link to get your points:

<https://cmx.weightwatchers.com/details/MEMBERRECIPE:5e1283ba521544006fd1f027>

- 1 4 oz boneless, skinless chicken breast
- 2 strips center cut bacon (make sure you check the points on your bacon – it's all different!)
- Seasoning of your choice – I like Trader Joe's 21 Seasoning Salute

1. Cut chicken into 6 bite size pieces
2. Cut each bacon strip into 3 pieces
3. Season chicken with seasoning of choice
4. Wrap a piece of the cut bacon around each piece of chicken
5. AirFryer – cook at 360 for 10-12 minutes or until cooked through

Oven – bake at 375 for 15-20 minutes or until cooked through

Appetizer, Main Course
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bacon, chicken